



## CELEBRATING 2023!

2023 was a very busy year for our Partners in Research members and 2024 looks like it will be equally as busy.

We restructured into 4 key areas so that we have specific meetings on clinical research, co-research, PPI input requests and a monthly drop in. We also wrote a book (see below for more details) and we have a plan for 2024 to work with people with lived experience of Parkinsons to create a support package if they are not eligible for a clinical trial. It is all very exciting!!

## WE WROTE A BOOK!

As seen in our last newsletter- we wrote a book. We have had some great feedback so far, please do keep sharing your thoughts. The group really appreciate knowing the impact it has had.



We are delighted to have had over 8000 downloads and to have been able to donate hard copies of books to various organisations.

To download a free copy please click here:  
<https://link.springer.com/book/9783031272226>  
(suitable for e-readers and audio)

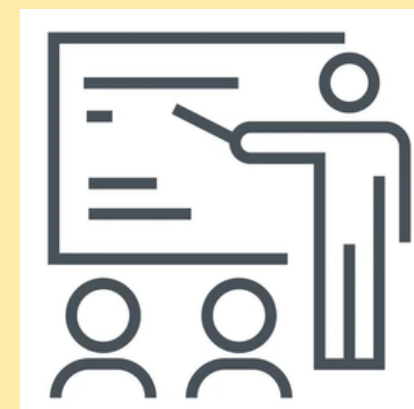
Ashworth et al. (2023). Challenging Assumptions Around Dementia: User-led Research and Untold Stories. UK: Palgrave

## TRAINING AND PRESENTATIONS

Partners in Research have been involved in a number of events over the past year. We have given a presentation at the SDRC conference in April, held an online 'meet the Author' session with Stirling University students in November, and attended in person meetings to give 'patient and public involvement' input into research meetings.

If you wish to involve Partners in Research into your work- please complete this form:

<http://tinyurl.com/5n8cn3pp>



## WEBINARS

We kick started our webinar series this year with an introduction about the Neuroprogressive & Dementia Network from Dr Tom Russ and Jacqui Kerr.

We have also held one on ENRICH Scotland in collaboration with RICH Voices.

In the New Year we are jointly holding a webinar with Brain Health Scotland. Watch out for more details!



# PARTNERS IN RESEARCH



## RESEARCH

Partners in Research have been invited to join a number of research projects including:

- Exploring healthy living in unpaid carers of people living with dementia. Including risk prevention and behaviour change.
- Experiences of music and dementia, comparing people based in Scotland and Italy.
- The use of artificial intelligence to look at motion in people living with dementia and detect changes in daily behaviour.

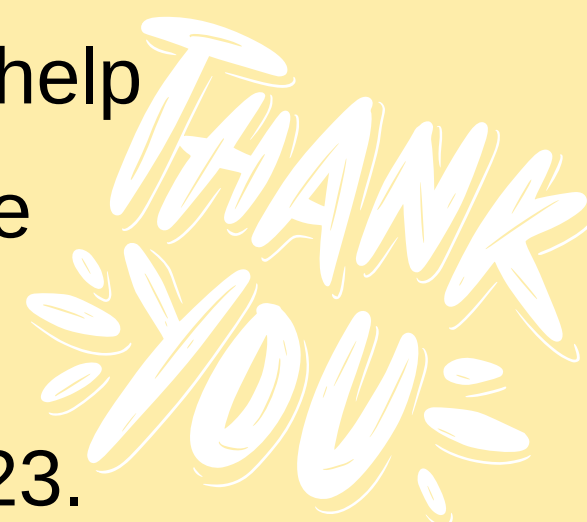
## CONTACT US

If you are interested in joining our Partners in Research or finding out more, please contact us on  
TAY.ppipartners@nhs.scot  
or 01382 423086



## CELEBRATING 2023

We are so incredibly grateful for all of the help and support you have given Partners in Research across 2023.



We look forward to seeing what comes from 2024!

## WHAT'S NEXT FOR PARTNERS IN RESEARCH IN 2024

We have big plans for 2024. As well as continuing with our new structure we are undertaking a number of projects:

1. Co-create clinical trial support for people with Parkinson's
2. Investigating whether engaging in research improve cognitive reserve
3. Collaborating with other organisations to look at risk factors of dementia and other neuroprogressive diseases
4. Looking at Capacity to care in collaboration with ENRICH Scotland

